



Running is a great way to keep fit and a fantastic way to fundraise for Northern Lights

On May 13th 1987, a small boy, who was only just 5 years of age, lost his fight against the dreadful disease of cancer with a brain tumour. He had battled with the effects of this disease and its subsequent treatment for nearly two years of his very short life. We as friends of the family witnessed the effect this illness was having on everyone who knew him, but especially his parents and grandparents. Little did we know at that time how significant his life would be in helping other seriously ill children enjoy a well-deserved holiday of a lifetime to Lapland.

The charity started in 1987 as the Christopher Johnson Fund and became Northern Lights in 2003. We provide holidays for children, who are all suffering from life threatening diseases, giving a real boost to both them and their family members. The children, who are aged between 6 and 11, visit Lapland on a 4 or 5 day holiday to meet the big man himself and experience husky dog, snow mobile and reindeer rides as well as taking part in an Arctic Circle crossing ceremony. All this happens in temperatures that can sometimes reach -20 degrees, but they still have fun in the snow and return more confident with a lot of stories to tell.

To be involved in providing holidays for children who have to endure such unpleasant, but essential treatments for their illnesses, is an honour and as a charity we will continue to work to ensure more children can take advantage of this wonderful experience.

May 13th 2012, exactly 25 years on, Northern Lights is the official race charity for the Cheshire Oaks Chester Half Marathon and we would like to thank the organisers, Chris and Andy, for selecting us as



chester half marathon

their official charity. This very significant date brings back lots of memories, but in truth we could not think of a better way of celebrating Christopher's life than with our involvement in the Chester Half Marathon, raising funds in his memory.

Join the Northern Lights Team!

We are looking for runners to support the charity and hope that by selecting Northern Lights as your charity of choice and raising funds for us will spur you on during your training.

Support for you

If you would like to help us provide these holidays for seriously ill children, please register for the race at www.chesterhalfmarathon.co.uk and then send an email to info@northernlightscharity.org.uk and we will support you every step of the way to help you have a memorable experience:

- You'll get a t-shirt or vest to wear when you take part in the race
- We will provide you with a fund raising pack that will include information on the charity and a sponsor form
- Training hints and tips are available on the Chester Half Marathon website see above for address
- We will be there on the day to cheer you on!

Many thanks in advance for your support.